The Contemporary Value of Ethical Thought in Ideological and Political Course Teaching in Colleges and Universities

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Abstract: Ethical thought has a long history, which contains a lot of ethical and moral resources. What the college students who saved first lack is ancient ethical thought. Therefore, fully integrating ethical thought into the teaching of ideological and political courses in colleges and universities can greatly deepen students' understanding of ancient history, improve students' personal cultural accomplishment, and enhance teachers' timeliness in the teaching of ideological and political courses. It is also necessary to further fully explore the value of ethical thoughts in ideological and political courses, and to fully combine ethical thoughts with the classroom in a better way to achieve the purpose of acceptance by students.

1. Introduction

Contemporary college students not only need to systematically learn Marxist knowledge, but also need to inherit ancient excellent cultural knowledge such as ethical thoughts and other cultural essence, so it is of great significance to integrate ethical thoughts into the teaching of ideological and political courses in colleges and universities[1]. The concept of benevolence and righteousness in ethical thoughts is based on objective facts. From the perspective of facts, it provides a very long history and spiritual connotation for ideological and political courses in colleges and universities. In today's society, with the continuous progress of science and technology, it brings unprecedented impact to people's thoughts and permeates every aspect of everyone's life. However, it contains certain risks. For college students, due to the continuous change of technology and revolution, As a result, the majority of people suffer from lack of social ethics and sub-health conditions[2]. More and more students are controlled by electronic products such as mobile phones and computers. The ethical problems caused by this technology are also becoming more and more serious. However, it is not easy to solve this problem in a short period of time. Therefore, we should put our eyes on the full integration of ethical thoughts and ideological and political education in colleges and universities, and strive to change students' thoughts in classroom teaching, turn thoughts into actions, and fully explore the connotation of ethical thoughts.

2. The Significance of Ethics in the Teaching of Ideological and Political Courses in Colleges and Universities

As a college teacher, one should take the inheritance of culture as one's important responsibility and obligation. In the ideological and political education in colleges and universities, it is an important occasion to change students' ideas and carry out ideological and political education for students. As the main teaching materials and documents of ideological and political education in colleges and universities, ideological and moral cultivation and legal basis provide students with basic ideological and moral qualities. If ethical thoughts are adopted in further education, students can be provided with deeper ideological connotation and cultural accomplishment in many ways, and at the same time, it is also a kind of root cultural heritage and resources for the teaching of ideological and political education in colleges and universities[3]. At the same time, it can also be

of great help to the effectiveness of ideological and political courses in colleges and universities. As the teaching materials used in colleges and universities usually will not change within a few years, it can be known that the current ideological and political courses in colleges and universities lack certain effectiveness in teaching. Especially for ideological and political courses, the rapid development in China will also greatly impact students' thoughts. Therefore, colleges and universities must reform from the effectiveness of education. At the same time, teaching teachers usually have the same teaching methods for the course tasks[4]. In the past, most teachers' primary task was to complete the class tasks assigned by the school within the specified time, which usually could not make much change to the students' thoughts. Therefore, the teaching effect is usually not ideal. The formulation and selection of teaching contents are often divorced from the reality of real life, and even there are no other professional courses that bring more influence to the students. Therefore, the integration of ethical thoughts into ideological and political education can greatly increase its connotation and effectiveness. Due to the strictness of the teaching system in our country, most students often pay more attention to the study of basic knowledge than to the study at the ideological level[5]. We all know that the traditional Chinese culture is based on theoretical morality, and the ethical thoughts therein are the essence of theoretical morality summarized by predecessors. Because in today's information age and network age, network information is everywhere, and foreign cultures penetrate into the thoughts of most students. As a result, most students hold a high esteem attitude towards foreign culture, while Chinese traditional culture does not receive their attention. Most students lack confidence in traditional culture. Therefore, they must vigorously promote ethical culture through meditation classes, actively explore the separation of excellent traditional cultural ideas from you, gradually cultivate college students' cultural confidence and cultural accomplishment, and increase students' moral cultivation[6].

3. The Feasibility of Integrating Ethics into the Curriculum of Colleges and Universities

In recent years, various colleges and universities have begun to attach importance to the moral connotation of students, so it is the best solution to integrate ethical thoughts into the curriculum of colleges and universities. Colleges and universities must earnestly absorb the ideological connotation and moral essence of Chinese excellent traditional culture, vigorously carry forward the national spirit with patriotism as the core and the spirit with reform as the core, and continue to excavate the ideological connotation of their excellent traditional culture. It is feasible and of high realizable value to integrate excellent ethical thoughts into the curriculum of colleges and universities. However, there are still some difficulties that need to be solved at the same time. In the teaching of university teachers, if ethical thoughts are to be fully integrated, then teachers need to have certain cultural qualities and ideological connotation. At the same time, teachers will increase the difficulty and time for curriculum preparation[7]. They have high standard requirements for the comprehensive quality of university teachers. They can analyze and interpret ethical thoughts according to historical events and the current era, so that students can understand the whole picture, consider problems from various aspects and analyze ways to solve problems, thus greatly prolonging the teaching time and teaching difficulty of teachers. As for the students' study, it is also a big test for the students. The students must first master the basic ideological and moral knowledge and have the basic knowledge as a foreshadowing to help them better understand and analyze the ideological core of ethics and morality. At this time, if the students with poor foundation need to make use of their spare time for targeted study, it also increases the learning difficulty and task amount of the students. Today's society is an impetuous society, with the rapid development of information circulation, people pay more attention to a kind of real-time feedback, so it is also very difficult for students to accept the education of ethical and moral thoughts. First of all, this kind of culture is passed down through its origin and needs to spend a lot of time to deepen understanding. It cannot be fully understood in a short time, and some of its viewpoints are difficult for students to accept[8]. According to the relevant survey results, although many schools have realized the current situation and started to try to connect ethical and moral ideas with the curriculum, yet none of them have succeeded in connecting, which shows that the difficulties they need to face still need to be

overcome step by step.

4. Ways of Integrating Ethical Thoughts into College Curriculum

First of all, teachers in colleges and universities are a key point. Teachers must deepen the integration and understanding of ethical and moral resources. Through group discussions or collective meetings and other forms, teachers can discuss how to effectively decompose ethical ideas to make students easier to understand and accept in classroom teaching. This idea should be fully incorporated into the system of teachers' teaching ideas and personal qualities. First of all, teachers should realize that to cultivate students' confidence in traditional cultural spirit, teachers should first set an example and make in-depth discussions in combination with contemporary needs so that ethical and moral ideas can fully display their connotation of the times. In the classroom teaching, we should make full use of the innovation of knowledge, and can infiltrate ethical thoughts into the teaching of basic teaching materials in colleges and universities. We must be familiar with the teaching materials, grasp the ideological essence of the teaching materials, find the entry point and foothold suitable for ethical and moral thoughts, and naturally show the ideological essence and principles to be expressed. What cannot be ignored is that there are a lot of psychological contents in ethical and moral thoughts, some of which can even change students' emotions. Teachers can use this particularity to help students solve problems, bring thoughts into life and make people accept them better. Society, schools or teachers must regard others as people who can set goals by self-discipline, and not just as means to achieve goals. Everyone should always enjoy full respect and moral dignity. The implementation of any moral principles, norms and requirements in educational practice mainly depends on the teacher's personal virtue or conscience, and on the inherent moral cognition and character of the individual. The primary task of educational ethics is to teach people how to understand their educational life goals, achieve good life goals, and cultivate their inner character and virtue. Teachers first teach students moral values, and then stimulate students to think consciously, so that students can play their subjective initiative, learn and think independently, so that students can grasp the overall moral value system, and guide students to understand and digest knowledge. To create problems for students by dialling and confusing, create various situations and ask students to find answers to the problems. Teachers should analyze the relationship between social reality and individual moral demands to inspire students to set up correct values[9].

5. Conclusions

Ethical thought has a long history and is worth absorbing its essence. In today's China, we should fully tap the essence of ethical thoughts and realize the rejuvenation of the nation. It is of great significance for the teaching of ideological and political courses in colleges and universities. Teachers of ideological and political courses should make great efforts to excavate Confucian ethics, give full play to their excellent role in ideological and political teaching, and improve the attractiveness and effectiveness of teaching, so as to achieve the purpose of enabling students to change existing ideas and improve the pride of national culture.

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